

The SBAR Technique

Every year in the U.S., communication gaps between nurses and doctors cause medical errors that lead to needless deaths of thousands of patients. Although healthcare professionals are routinely trained on how to communicate with patients, training on how to communicate with each other had remained rare until the introduction of the SBAR Technique.

The SBAR Technique provides a framework for healthcare professionals to communicate with one another in emergency situations. Developed by the U.S. Navy for use on nuclear submarines, the SBAR Technique is fast becoming part of hospital protocol in emergency rooms across the nation.

This program examines how communication breaks down between healthcare professionals, especially doctors and nurses. It contains checklists and hypothetical scenarios that demonstrate how SBAR is done and addresses other ways in which communication in an emergency healthcare environment can be mastered.

Program Summary

This program illustrates the SBAR Technique in detail. The topics covered in the program include:

- Overview of the SBAR Technique
- Communication
- Gaps in Communication
- SBAR Basics
- Handoffs
- Situation
- Background
- Assessment
- Recommendation
- Assertiveness
- Wrap-up